



Allergy Sensitive Environment Guidelines

What You Need to Know

Comprehensive guidelines have been developed for use in all school buildings to establish a safe and nurturing school environment for students with life threatening allergies. This is not a guarantee of an allergen-free environment; it is designed to increase awareness, provide education and training, reduce the chance of exposure and outline responses to allergic reactions.

All families need to know that the guidelines include:

- Designated allergy-safe zones in all district schools. Look for this universal symbol.
- A 'no food eating' practice at all times during regular bus routes including to and from school and anytime a school bus is used for transportation during the school day. (This practice does not apply for extracurricular events outside of the school day.)
- The ability to place restrictions on food items for certain classrooms. You will receive additional information from your child's teacher or school officials if this is applicable for your child.





To address the complexities of food allergy management in schools, it is important that students, parents and school staff work cooperatively to implement the recommended guidelines including:

- Teams to develop and implement building-wide prevention protocols and mandatory staff training.
- Emergency action response planning to address an allergic reaction for students with a life threatening allergy.
- Promotion of age-appropriate responsibility for avoiding allergens.
- Transportation, custodial and food service staff prevention and response training.

If Your Child has a Life Threatening Allergy

After enrolling your child (or as soon as possible after a diagnosis), contact the school to arrange for a meeting to discuss your child's allergies, symptoms, treatments and/or medications. You will work with school staff and medical professionals to develop an Individual Health Plan for your child.

The complete Allergy Sensitive Environment Guidelines can be found at www.cfschools.org/health-safety/food-allergies. If you have additional questions, please contact your child's principal.

